

We have a number of volunteering opportunities within our centres, please take time to read through the different opportunities we have and let us know where you feel you can help.

Little Learners	
Group/Project description	How you can help
<p>A variety of different play activities are offered each week which are planned to meet the requirements of the Early Years Foundation Stage guidance.</p> <p>Promoting positive play and interaction between parents and child</p> <p>Introducing the areas of learning and development stages, supporting transitions to early years settings, pre-school or school.</p>	<p>Supporting with preparation, setup and tidy up of the activities</p> <p>Engaging with children and offering learning opportunities through play</p> <p>Supporting the parents with positive interaction with their children and understanding learning and development opportunities</p>

Rhymetime	
Group/Project description	How you can help
<p>A fun interactive singing session for under 3's</p> <p>Parents and carers learn actions and songs to do with their child.</p> <p>The session supports and encourages communication and language skills.</p> <p>Encourage families to use libraries.</p>	<p>Supporting with preparation, setup and tidy up of the activities</p> <p>Engaging with children and offering development with communication and language skills</p> <p>Supporting parents with positive interaction with their children and understanding learning and development opportunities</p>

Baby Steps	
Group/Project description	How you can help?
<p>An under 1's group</p> <p>Baby Massage</p> <p>Breastfeeding support</p> <p>Topical group discussion</p> <p>A support network for new parents</p>	<p>Supporting with preparation, setup and tidy up of the activities</p> <p>Support and guidance for parents around successful breastfeeding</p> <p>Boosting parents confidence through discussion and sharing knowledge and experience</p> <p>Supporting new parents with anxiety/concerns they may have to develop their parenting skills</p>

Fun days and trips	
Group/Project description	How you can help
<p>We run a number of fun days and trips throughout the year to provide parents with opportunities to engage in positive interaction with their children</p>	<p>Supporting with preparation, setup and tidy up of the activities</p> <p>Providing fun activities</p> <p>Supporting parents and children in participating</p>

<b>Food Fun</b>	
<b>Group/Project description</b>	<b>How you can help</b>
<p>Introducing cooking as a fun family activity</p> <p>Gaining ideas to create simple, cheap, healthy meals &amp; snacks</p> <p>Develop awareness of safety - elements of food safety and kitchen safety are discussed</p>	<p>Supporting with preparation, setup and tidy up of the activities</p> <p>Supporting parents with healthy meal options</p> <p>Supporting parents with budgeting</p> <p>Supporting parents with engaging with their children in preparing and cooking meals</p> <p>Support children in learning new skills</p>

<b>Busy Bodies</b>	
<b>Group/Project description</b>	<b>How you can help</b>
<p>Fun, age appropriate physical activities</p> <p>Busy Bodies incorporates fun and movement through different games, helping to develop language and Communication skills, social and physical skills, balance and co-ordination and build confidence.</p>	<p>Supporting with preparation, setup and tidy up of the activities</p> <p>Supporting parents in understanding the benefits of physical activities</p> <p>Supporting children in having fun whilst benefitting from exercise</p> <p>Support children in developing their balance, co-ordination and building on team participation and confidence</p>

<b>Parenting Programmes</b>	
<b>Group/Project description</b>	<b>How you can help</b>
<p>We run a variety of parenting programmes for different age groups, all programmes are designed to support parents in gaining knowledge and skill around parenting issues</p> <p>Exploring solutions and strategies for managing unwanted behaviour and building strong relationships with their children</p>	<p>Supporting with preparation, setup and tidy up of the activities</p> <p>Supporting parents in understanding the benefits of positive encouragement and positive discipline</p> <p>Supporting parents whose children have special educational needs</p> <p>Supporting parents in building their confidence around their parenting abilities</p>

<b>Business Administration/Reception</b>	
<b>Group/Project description</b>	<b>How you can help</b>
<p>Varied duties in supporting the running of the centres</p> <p>Taking phone calls, finding solutions to parents concerns, signposting parents to the most suitable courses for them.</p> <p>Have a good knowledge of the community and organisations/groups that operate outside of the centre and signposting parents to them</p>	<p>Supporting with the effective running of the centre</p> <p>Being the friendly face of the centre</p> <p>Supporting parents by signposting to the most suitable groups/organisations for them</p>

General Maintenance	
Group/Project description	How you can help
Varied tasks from painting, hanging notice boards, gardening, cleaning toys and equipment.	Supporting the effective running of the centre  Providing a safe and pleasant environment for families to visit

Notification of interest form	
Please let us know where you feel you could help, please tick as many areas/groups as you feel you could offer support in.	
Opportunity	Note of interest (please tick)
Little learners	
Rhyme Time	
Baby Steps	
Fun Days and Trips	
Food Fun	
Busy Bodies	
Parenting Programmes	
Business Administration/Reception	
General Maintenance	

*As part of Ormiston Families commitment to the protection of children some of our volunteer positions will require completion of satisfactory references and Enhanced DBS (Disclosure Barring System).*